

# Proposal to Strengthen Ghana's Capacity to Address Diabetes Mellitus

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## POLICY PROPOSAL

**ABSTRACT:** In this proposal, we apply the human development ethical framework as put forth by Alex John London in his article, "Justice and the Human Development Approach to International Research," towards improving access to sustainable health services to address diabetes in Ghana. This particular ethical framework focuses not only on sustainably improving health outcomes, but fundamentally ensuring that individuals are afforded the opportunity to develop their most basic capabilities and achieve a higher quality of life. In order to improve individual and population health status proactively and, in particular, to prevent diabetes before its onset, a combination of government facilities, NGOs, and the community will manage a new and innovative mobile primary care technology program (mHealth) that would encompass four main pillars: 1. Improve the process of providing adequate supplies of medicines and laboratory tests. 2. Capacity building of health infrastructure via technology to sustainably transform and better coordinate prevention and care. 3. Proactive prevention and evidence-based detection, treatment and management of diabetes. 4. Patient engagement and mHealth tools for better care, access, and equity.

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